



## **Advisory to Parents**

The school advises all parents/guardians to understand the benefits and hazards that come from the use or misuse of the cyberworld- its applications in cellphones, tabs, computers and the internet-connected television, or any other electronic device. These are called screen time for all practical purposes here.

The purpose of this advisory is to update you on the research, laws and happenings in the related field.

The latest research shows that there are many harmful effects of excessive gaming, including watching videos of the same, excessive screen time with violent content can harm the body and mind.

- You are being cautioned to be mindful of and monitor the content and time your children spend in such activities.
- You are advised to talk to your children and guide them, alert them of the hazards of the misuse of the technology against others, as it could severely affect the well-being - physical, social, mental and security- of the affected party and of your children as well.
- You are encouraged to participate along with your children in related workshops and talks, as scheduled by the school.
- This advisory suggests that you take the help of counsellors or other specialists, as and when the need arises. The school co-ordinators should be requested for an appointment in writing.
- We request you to try your best to work with the school in the best interest of your children and the community of students.
- **The misuse of such technology against others could attract prosecution and penalty under the provisions of the Information Technology Act 2000 and the Indian Penal Code 1860, which is not only limited to your children but also thrusts liability upon you as parents.**
- **Kindly note that the school has zero tolerance for cyber-behaviour, such as cyber-bullying that hurts the well-being of others, including students from the school or anybody associated with the school.**

This advisory has the best intentions in mind. Hence, please take the suggestions in the right spirit for the benefit of your children and other students.

With best regards,

Mrs Suvina Shunglu

Principal